

February 1, 2021

MARVETTA JOHNSON
1022 WEST 138TH ST
COMPTON, CA 90222

RE: Employee: MARVETTA JOHNSON
Employee No.: 254656
Dept. Name: County of Los Angeles/PROBATION
Claim No: 421-00578-D
DOI: 11/06/2020

ACCEPTANCE LETTER

Dear Ms. MARVETTA JOHNSON:

Sedgwick is the Third-Party contracted by the County of Los Angeles to administer its workers' compensation claims.

This letter serves to inform you that we have accepted liability for your injury of 11/06/2020, but only with respect to the following body parts: left elbow, left trapezius, left knee. You are eligible to receive certain workers' compensation benefits for these body parts. I am the examiner assigned to your administer your workers' compensation benefits. If you are medically eligible to receive indemnity benefits, a separate benefit notice will be mailed to you, describing the type and duration of these benefits.

We will authorize and pay for all medical treatment that is consistent with the American College of Occupational and Environmental Medicine's (ACOEM) Practice Guidelines or the Administrative Director's medical treatment utilization schedule. Accordingly, all medical treatment is subject to utilization review, to determine if it meets national evidence-based guidelines. Any treatment that is not authorized by utilization review for not meeting these guidelines, is subject to appeal through the Independent Medical Review (IMR) process.

The County of Los Angeles will strive to temporarily accommodate most physical work restrictions indicated by your treating physician. You are responsible for cooperating with your department's efforts to provide you with modified work that falls within the restrictions indicated by your treating physician. Early return to work is an important part of your physical rehabilitation process, and aids in your recovery.

If you sustained a soft-tissue injury (i.e. muscle strain, ligament strain, or tendon strain), it is important that you maintain an active life-style during your recovery. Your physician will discuss certain exercises or activities that you should follow. Promoting blood-circulation through careful activity after a minor sprain/strain injury helps the flow of key nutrients to cells in the damaged tissues to rebuild these tissues. Most minor strains and sprains heal within 2-4 weeks with no permanent residuals.

If you receive any medical treatment bills for this injury, please send them directly to us. We will reimburse you for reasonable expenses incurred while traveling to/from your doctor's office, treatment facility, or pharmacy. You may also be reimbursed for bridge tolls and other public transit charges to and from authorized medical